SPRINGWATER TRAILS **ANNUAL MEMBERSHIP**

As a member of the Springwater Trails, Inc , you are contributing to a recreational future in Springwater. You will also receive these benefits:

- 1. Weekly email notices of the upcoming hikes sponsored by Springwater Trails.
- 2. Email notices of upcoming trail building opportunities on the Springwater Trail.
- 3. The right to vote at general membership meetings and on-line elections.

Address: Phone:	
Phone:	
Phone:	
Emaile	
Email:	
Individual Membership	
Family Membership [‡]	\$30
[‡] A family membership is entitled to two emails and t enter the second name and email.	wo votes. P
2nd Name	_
2nd Email	
Contributing Member*	\$100
* Contributing Members are listed on our website. Planame to appear if different from the name above.	

Please make checks payable to Springwater Trails.

Send to:

Springwater Trails, Inc PO Box 162 Springwater, NY 14560

TOTAL ____



FALL COMES TO THE ALL WESTERN TREE FARM

Come explore Springwater with us



WOODS OF WARNER RD

Photo Credits Photos used with permission of Charlene Buck or as listed

Canadice Lake Trail (Pam

Masterson)



CANADICE LAKE TRAIL

Springwater Trails, Inc PO Box 162 Springwater, NY 14560

SPRINGWATER TRAILS

Our mission:

To create, identify, protect and promote hiking trails in the Springwater area.

To increase awareness and enjoyment of Springwater's unique geographical features, natural resources and open spaces by residents and visitors to the area.



HTTP:// WWW.SPRINGWATERTRAILS.ORG

FALL 2013 SCHEDULE

All hikes during the Fall schedule will start at **2:00PM** Sunday and end around 4:30PM*. Dates below are marked for hunting season: BH for bow hunting, H for regular hunting.

Oct 6 ^{BH}	Rush Oak Openings SUA
Oct 13 ^{BH}	Springwater Trail Hike – Sugarbush Hollow
Oct 20 ^{BH}	Portageville – FLT Letchworth Branch
Oct 27 ^{BH}	Trail Building
Nov 3 ^{BH}	Eagle Crest hike
Nov 10 ^{BH}	Stonybrook State Park
Nov 17 ^H	Wesley Hill Preserve
Nov 24 ^H	Devil's Slide
Dec 1 ^H	No Hike (Thanksgiving weekend)

Dec 15^{BH} Trail Building

Dec 22 Schribner Road

Dec 8^H

20022 2011121101 11000

Dec 29 No hike (Christmas/New Years)

Boughton Hill (Victor)

*Schedule subject to change. Details and updates available at http://www.springwatertrails.org

Springwater Trails

Springwater Trails, Inc PO Box 162 Springwater, NY 14560

Phone: 585-259-4505

E-mail: info@springwatertrails.org Web: http://springwatertrails.org

MUSHROOMS

- SUMMER HIKE COORDINATOR GENE BINDER

Our summer hikes (when you don't have to put on so many layers that it's hard to walk) have provided a lot of nature for our hiking pleasure. Along the trails we hike, we can find many different kinds of mushrooms, unless the rainfall is much below average, which was not the case this year. Many hikers have taken some very nice pictures.

Mushrooms can be seen on most of our hikes up until the first killing frost. Be sure to look at the



underside. Most will have gills, but some will have pores or teeth instead. This is where the mushroom produces spores, that are carried by the wind and spread, and is the first step in identifying mushrooms. When possible, your pictures should show the underside, as well as the top.

Edible mushrooms should be brought home in a paper bag, but only after certain identification. Plastic bags are not recommended because they can sweat and the mushroom will rot inside. Remember that there are many wild mushrooms that can cause mild to severe discomfort or even death. NEVER even think of eating a wild mushroom, unless you are absolutely sure of its identity.



Mushroom roulette is a deadly game. I only eat mushroom I can definitely recognize and that the books tell me can not be confused with any other mushrooms. But pictures are always safe.

Picking mushrooms is not like digging up wildflowers, which

destroys the entire plant. The mushroom is just the fruiting body of the fungus. The mycelium radiate hundreds of feet in the soil, and will send up more mushrooms, making it a renewable resource. Check out the *fairy ring* just above or the line below. The ring probably is growing above a rotting stump. The line may be above a tree root. Some of the mycelium wrap around tree roots, bringing the host tree essential water and minerals. Through photosynthesis, the tree makes organic compounds that nourish the fungus, making each dependent on the other.



HUNTING SEASON

- PRESIDENT MARK HOPKINS

The fall hiking season for Springwater Trails, Inc matches the New York big game hunting season this year. Bow hunting starts October 1st and ends December 17th. Each year the executive board considers the hunting season when scheduling hikes.

There are several hunting season rules we follow. First and foremost is to avoid trails that are closed during hunting season. The Trillium trail off of the Springwater Trail in Sugarbush Hollow is closed from Oct 1 to Dec 31 for hunting season. This is noted on the sign at the entrance to the trail. Also, many sections of the Finger Lakes Trail are closed during hunting. These sections are marked on the FLT maps, including the interactive map available in the hiking section of http://fltconference.org. We do not hike on trails that are closed.

Our second rule is to get landowner permission to hike during hunting season. Prior to each hike on private land, the hike leader will obtain permission from the land owner. During hunting season, it is also important to discuss hunting at the time permission is obtained. The hike planner and the land owner should work together to ensure that the hike and hunting will not overlap in time and space.

Our third rule is to dress appropriately for any hike during hunting season. This means that hikers should wear orange or bright pink clothing. A baseball cap from the Finger Lakes Trail Conference is a safe way to support that trail. Or a simple orange safety vest is a good alternative. And don't forget the dogs. Look for am orange safety vest at the pet store.

Finally, we try to remember we are sharing the woods with our neighbors and friends and we need to treat them with respect.



HIKING THE HEMLOCK SHORELINE

The fall is a wonderful season to hike. The bugs are gone and the leaves are changing. Many hikers want to be on the trail before the snow falls. Springwater Trails will continue to lead our weekly hikes during this season. Now is a good time to get out your orange vest, your orange hat and your orange backpack and join us on the trails.